



Visual Symptoms Survey

Name _____ Date _____ Age _____

After you consider each question, mark the column that applies to the person you are assessing.

		Never	Sometimes	Frequently	Often	Always
1. Vision blurs when reading, writing, or working on computer	A	0	1	2	3	4
2. Double vision, doubled or overlapping words on page	B	0	1	2	3	4
3. Headaches when reading, writing, or working on computer	A	0	1	2	3	4
4. Words appear to run together when reading	B	0	1	2	3	4
5. Burning, itching or watery eyes when reading	A	0	1	2	3	4
6. Falling asleep when reading	OM	0	1	2	3	4
7. Seeing and Visual work is worse at the end of the day	A	0	1	2	3	4
8. Skipping or repeating lines when reading	OM	0	1	2	3	4
9. Dizziness or nausea associated with near work	OM	0	1	2	3	4
10. Head Tilt or closes/covers one eye when reading	B	0	1	2	3	4
11. Difficulty copying from the whiteboard/chalkboard	A	0	1	2	3	4
12. Reversals of letters like "b's" & "d's" or "p's" & "q's"	P	0	1	2	3	4
13. Avoids near work such as reading or writing	B	0	1	2	3	4
14. Omitting (dropping out) small words when reading	OM	0	1	2	3	4
15. Writes uphill or downhill; difficulty writing in a straight line	O	0	1	2	3	4
16. Difficulty lining up numbers when doing math	OM	0	1	2	3	4
17. Difficulty understanding what you read / poor comprehension	P	0	1	2	3	4
18. Poor, inconsistent performance in sports	OM	0	1	2	3	4
19. Holds books too close; leans too close to computer screen	A	0	1	2	3	4
20. Difficulty keeping attention on reading material	B	0	1	2	3	4
21. Difficulty finishing assignments in reasonable time	P	0	1	2	3	4
22. First response is "I can't" before trying	P	0	1	2	3	4
23. Avoiding sports and games	OM	0	1	2	3	4
24. Poor hand/eye coordination, such as poor handwriting	P	0	1	2	3	4
25. Inability to estimate distances accurately	P	0	1	2	3	4
26. Clumsy, bumps into things, knocks things over	O	0	1	2	3	4
27. Misplaces or loses papers, objects, belongings	P	0	1	2	3	4
28. Car Sickness/Motion Sickness	P	0	1	2	3	4
29. Forgetful, poor memory	P	0	1	2	3	4
30. Very sensitive to lighting (too light or dark) when reading	P	0	1	2	3	4
Totals (Add columns together)						
Total Score (Sum of Columns)						
30-34 points = suspect		35 points or more = refer for care				